

PREMIUM

# OMEGA<sup>18/12</sup> FISH OIL

melrose

## Need help with Arthritis?

### Dose

#### For Anti-Inflammatory Effect

10mL daily or as directed by a health practitioner.

#### For Cardiovascular Effect

5mL daily or as directed by a health practitioner.

Use only as directed. If symptoms persist, consult your healthcare professional.

### Ingredients (per 10ml dose)

Natural Fish Oil	9g
Equivalent Omega-3	2710mg
EPA	1630mg
DHA	1080mg
Excipients	
Lemon/Lime Oils	170mg
D alpha tocopherol acetate (Vitamin E)	40mg

### Packaging

250mL black PET bottle

500mL glass bottle in a light opaque carton

**melrose**  
*Your partner in health*

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## What is Melrose Omega 18/12 Fish Oil?

**EPA Eicosapentaenoic Acid 18%**  
**DHA Docosahexaenoic Acid 12%**

Fish Oil has higher concentrations of EPA and DHA than Cod Liver Oil.

## Opaque containers offer protection against oxidation

Omega-3 fatty acids are prone to oxidation which can reduce their effectiveness. Melrose uses opaque containers to reduce damage by light (photon decay).



Melrose Omega 18/12 Fish Oil is available in 500ml & 250ml

## Cardiovascular health benefits

The Omega-3 oils in fish have been shown to have a number of additional health benefits including helping to maintain a healthy heart.

While there is significant benefits in taking Fish Oil, if symptoms persist consult your health care professional.

Use only as directed.

## Key benefits of Melrose Omega 18/12

- It is useful for the temporary relief of the pain of Arthritis.
- Helps to reduce joint inflammation and swelling and increase joint mobility associated with Arthritis.
- Helps maintain a healthy heart, healthy cholesterol and healthy triglyceride levels.
- Because 18/12 Fish Oil does not contain Vitamin A it is recommended during pregnancy.
- For patients seeking a higher dose of EPA and DHA than Cod Liver Oil without Vitamin A and D.